

CASEL and BIRD-E to CCR Framework Matrix

CCR	Competencies											
	Skills				Character						Meta-Learning	
	Creativity	Critical Thinking	Communication	Collaboration	Mindfulness	Curiosity	Courage	Resilience	Ethics	Leadership	Metacognition	Growth Mindset
CASEL												
BIRD-E		Problem solving		Co-operation	Confidence Optimism			Grit Resilience		Assertiveness Integrity Responsibility	Self-awareness, control, management, regulation	

Vague: Competence
Relationship skills

Elsewhere: Agency